

Principal's Message

It is hard to believe that March is here and we will be heading into March Break shortly! February was a busy month and we have been enjoying all sorts of fun activities as a school community.

February was Black History Month; students and staff took part in many activities and learning to increase our knowledge and understanding. Classes had the opportunity to learn more about the stories Black communities in Canada and around the world have to share about their successes, sacrifices, and triumphs, and how this has shaped Canadian History. One of our Kindergarten classes learned about the artwork of Alma Woodsey Thomas, and were inspired to create their own art pieces. They have done a beautiful job with these and they can be seen in our front hallway of the school.

Students also had the opportunity to enjoy some delicious pancakes prepared by some of our wonderful volunteers this month. Several students also helped out to distribute pancakes to all of the classes. It was quite a production line as over 800 pancakes were prepared! Thanks so much to everyone involved!

As well, a big thank you goes out to Mrs. Cain and the grade 7 and 8 students for their organization of the Winterfest activities for all of our students. Although the event had to be postponed a few times due to weather, we finally had a great day this past Monday. Student leaders did a wonderful job in leading the activities and groups, and lots of fun was had by all. Thank you as well to the Guthrie staff for working together to make popcorn and hot chocolate for the event and supervise all of the many activities!

As we get closer to the March Break, we hope that everyone has a wonderful holiday! We are looking forward to seeing many of our families out tonight at our Math and Literacy Family Fun Night!

Mrs. Wright-Drzazga and Mr. Schaus



MARCH BREAK

Please note that March 13 to 17 is March Break for all SCDSB students. Please refer to the 2022-2023 School Year Calendar on the SCDSB website for more information: www.scdsb.on.ca/elementary/planning_for_school/school_year_calendar.

HELPFUL INFORMATION

- 9:10 am Entry Bell
 - 10:50—11:30 1st Nutrition & Outdoor Break
 - 1:10—2:00pm 2nd Nutrition & Outdoor Break
 - 3:40 pm Dismissal
 - 3:45—3:50 pm Buses Leave
- Safe Arrival: 705-487-2532 (Press 1)**
Website: <http://gut.scdsb.on.ca>
 Twitter: @GuthriePublic
 Address: 22 Line 5 South, Oro-Medonte, L0L 2E0
 Phone: 705-487-2532

GUTHRIE'S DATES TO REMEMBER

- March 2** Family Fun Night (5 pm—6:30 pm)
 - March 7** Grad photos
 - March 8** [International Women's Day](#)
 - March 9** Kids' Night Out (details on pg. 2)
 - March 12** Clocks "Spring forward" one hour
 - March 13-17** MARCH BREAK
 - March 21** Wear mis-matched socks in support of [World Down Syndrome Day](#)
- SCDSB Holy Days and Holidays calendar 2022-23 [HERE](#).
SCDSB Days of Observance on the SCDSB website:
<https://bit.ly/3Ln2Mfb>

GUTHRIE P.S. GRADE 8'S PRESENT:

KIDS NIGHT OUT!

ENJOY A FUN FILLED NIGHT WITH DINNER (PIZZA + DRINK), CRAFTS, GAMES, MUSIC, A MOVIE AND MORE!

20\$
PER KID

35\$
2 KIDS

50\$
3 KIDS

THURSDAY MARCH 9 FROM 5-8 PM

PARENTS- DO YOU WANT TO ENJOY AN EVENING OUT? GO OUT FOR DINNER? GET READY FOR THE MARCH BREAK? THE GRADE 8'S ARE HERE TO HELP! KIDS NIGHT OUT IS A FUN FILLED NIGHT THAT IS SURE TO BE A BLAST! THIS EVENT IS PUT ON BY THE GRADE 8'S (AND TEACHERS) AND ALL PROCEEDS WILL GO TOWARDS THEIR YEAR END TRIP! PLEASE REGISTER ON SCHOOL CASH ONLINE AND SUBMIT YOUR PURPLE PIZZA FORM (ATTACHED) TO YOUR CHILD'S CLASSROOM TEACHER! THANK YOU FOR YOUR SUPPORT!

Pancake Thanks!

Dear Mrs. Wright & volunteers,
Thank you for making all the pancakes for us. We loved them! They were round, fluffy, and yummy!! It must have been a lot of work!

P.S. The syrup was tasty (and sticky)

From,

Mrs. Liedtke's & Mrs. Crossley's Kindergarten class



Handwritten names and signatures: Livi, Aaliyah, Jade, Cole, Rocio, Liam, Noor, Liam B., Odin, Mrs. Liedtke, Addy, MARVEL, Dillig, W/101, Wolf, NOIA, GRIT, OWEN, ASPEN, Mrs. Crossley, MCHENNA.

Guthrie Family Fun Night

Join us for a fun evening of math and literacy on March 2nd from 5:00—6:30 and take part in:

- Family Math Games
- Forest Story Walk
- Create a winter birdfeeder
- Warm up by the bonfire

Save the date... March 2, 5:00-6:30

SAFE ARRIVAL CALLS ON "SNOW DAYS"

If you receive a Safe Arrival call on a "Snow Day" (ie: the buses have been canceled), it is because your child is not at school. If you **do not** expect them to be at school, please ignore the call. IF YOU DROPPED THEM OFF, or expect them to be at school, AND you get a Safe Arrival call, please call the school. 705-487-2532



Thank you Gryphons!

COLLECTION AND USE OF PERSONAL STUDENT INFORMATION

As students' progress from elementary school to secondary school, important personal student information is shared which eases each student's transition to secondary school. Sharing this information also improves our ability to program effectively to benefit all students. The collection and use of personal student information for such purposes are authorized under the *Education Act*. Please note that all information used for the transition process is limited, secure, and protected at all times. Please contact Susan Sidlofsky, Superintendent of Education, if you would like more information about the transition process at Guthrie Public School.

EARLYON CHILD AND FAMILY CENTRES

Is your child starting JK or SK in September? The Simcoe County EarlyON Child and Family Centres are excited to offer in person and virtual programs that help prepare children and parents/guardians for Kindergarten. Parents/guardians and children will have the opportunity to interact together in a variety of school readiness activities. We will look at and discuss how does learning happen, self-regulation, social skills, and how to get ready to start school.

If program registration is full, please check back regularly as there may be cancellations. To register for a program in your area visit www.earlyonsimcoenorth.ca/GRFK.

HOW IS YOUR INFANT, TODDLER, OR PRESCHOOL CHILD DEVELOPING?

Is your child meeting their milestones? Age-appropriate speech and language skills are critical to your child's ability to read, write and be successful in school as well as to their ability to engage with their peers. Free services are available to support you with your child's development. Preschool speech and language programs are located across the County of Simcoe. Call (705) 739-5696 or 1-800-675-1979 to complete a developmental screen. The earlier we work together, the better!

LICENSED MARCH BREAK SCHOOL AGE CHILD CARE PROGRAMS

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care on PA days and holidays including over the March Break (March 13 to 17). Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found at www.scdsb.on.ca/elementary/planning_for_school/childcare_before_after.

JOIN US! A LEARNING SERIES FOR PARENTS/GUARDIANS WITH PINE RIVER INSTITUTE

Mental health and well-being continues to be a key strategic priority within the SCDSB. We are pleased to continue our partnership with the Centre for Family Initiatives at Pine River Institute (CFI@PRI) to provide several curated learning sessions focused on student mental health and well-being to SCDSB families, staff and within the SCDSB's broader school communities.

There are five webinars in the learning series specifically planned for parents, guardians, and other caregivers during this school year. The remaining sessions include:

March 2, 2023
April 27, 2023

Emotional Regulation for Kids and Adults
The Biology of Stress

We hope you save these dates in your calendar and join us for these learning opportunities. For more information and to register, please visit the SCDSB website: <https://bit.ly/3jGaC74>.

Pine River Institute is a live-in treatment centre and outdoor leadership experience for youth aged 13 to 19 struggling with addictive behaviours and often other mental health issues. Combining therapy with a fully-accredited education program, PRI reinforces the healthy life skills required for a successful future. CFI@PRI extends PRI's knowledge, experience and evidence-informed treatment approach to families and care providers in the community to support youth mental wellness and prevent the need for more intensive interventions. Learn more about PRI by visiting their website at www.pineriverinstitute.com.



INTERESTED IN LEARNING MORE ABOUT THE WAYS THAT THE SCDSB SUPPORTS STUDENTS WITH SPECIAL EDUCATION NEEDS AND THEIR FAMILIES? JOIN US FOR A VIRTUAL SPECIAL EDUCATION OUTREACH SERIES

In 2023, the Simcoe County District School Board (SCDSB) is hosting virtual special education outreach sessions to assist parents/caregivers in learning more about programs, supports and ways that we work together to support students with special education needs. The remaining sessions include:

Supporting students as they transition into school, from one school to another, and from school upon graduation

April 20

6:30 to 7:30 p.m.

Working with families to create safe and supportive environments for children who have experienced trauma

May 9

6:30 to 7:30 p.m.

Participants are asked to register in advance. Information to access the sessions will be shared via email with individuals who have pre-registered. Learn more about each session and how to register on the SCDSB website at www.scdsb.on.ca/elementary/special_education/special_education_outreach_sessions.

REGISTRATION NOW OPEN FOR SUMMER ELEARNING!

The Simcoe County District School Board (SCDSB) is offering summer school courses in July 2023 for current high school students or adult learners who are interested in earning a new credit or upgrading a previous mark. Students can advance online learning skills, earn missed credits, or fast-track preparation for graduation or post-secondary in just four weeks. eLearning is fully supported by certified teachers who are available electronically daily.

Summer school program details can be found on the Learning Centres website at thelearningcentres.com/high-school-student/summer-school.

#ITSTARTS week in the SCDSB

The County of Simcoe has once again proclaimed March as #ITSTARTS month. The Simcoe County District School Board will be championing the #ITSTARTS campaign from March 6 to 10. This campaign promotes inclusion, acceptance, and equity within the vibrant, diverse, and growing communities that make up Simcoe County. For more information, visit: www.simcoe.ca/dpt/ccs/lip/itstarts.

JUST BREATHE COPING STRATEGY

Well-being is a Strategic Priority in the Simcoe County District School Board, and our well-being department provides monthly strategies to support student and family well-being.

This month's strategy is deep breathing. Parents/guardians should practice deep breathing with their children to help them develop a deeper mind/body connection, self-regulation, awareness of emotions, and build resiliency. To practice deep breathing at home, have your child get comfortable by either standing or sitting. Encourage them to keep their back straight, and shoulders and head relaxed. If they're comfortable, ask them to close their eyes. Have your child place their hands flat on their stomach. Ask your child to breathe in deeply through their nose, filling the belly with breath. Point out how hands move out. Encourage them to hold their breath for a few seconds, then slowly breathe out through the mouth to feel the stomach contract and hands move in. Repeat 5-6 times.

Parents/guardians should practice deep belly breathing at home any time their child seems stressed or upset. Watch a deep breathing video here: https://www.youtube.com/watch?v=le2TO_MNFxE&t=3s.

Follow along the Mental Health and Well-being social media accounts (@SCDSB_MHWP) to see how well-being is being supported in our schools.

SCDSB eBook LIBRARY - SORA

Did you know that the SCDSB has a digital eBook library available for all students from K-12? Students may access books using either the SORA app on a tablet or visiting <https://soraapp.com/welcome/login/202712> on the desktop version. They simply use their school Google login and password to access the library. Picture books, beginner chapter books, graphic novels, magazines, young adult novels, audio books; there is something for every student. Students may use the search function to select a specific book or browse through one of the many curated collections. Happy reading!

MATH @HOME PARENT SERIES

Fostering a strong school-home partnership is an important part of reinforcing math learning at school and extending the learning beyond the classroom. Families are a child's first educator and help build a strong foundation for future success. The virtual math series outlined below is intended to support a positive attitude towards mathematics, enhance motivation and ultimate success.

The SCDSB math department is pleased to offer three evening virtual sessions for families and caregivers of SCDSB students. These sessions will focus on practical and fun ways to support students with their mathematics learning and engagement at home. The first 200 registrants will receive a path pack of resources to use at home. Participants must pre-register for each of the sessions.

Making Math Connections @Home

Wednesday, April 12

7 – 8 p.m.

This session will explore where we find numbers, patterns, measures, and shapes in our daily lives. Participants will learn about practical ways to help their child notice and wonder about the math in their world.

Problem Solving @Home

Tuesday, April 25

7 – 8 p.m.

This session will explore how to encourage children to be active thinkers and problem solvers, both in math and around the house. Participants will learn about how solving problems at home can help their children solve problems in math class.

Having Fun with Math Facts @Home

Thursday, May 11

7 – 8 p.m.

This session will explore practical, intentional, and fun ways to practice math facts at home. Participants will leave with ideas, games, and activities to support their child with becoming fluent with their math facts.

Participants must pre-register for the sessions they wish to attend. Registered participants will receive a pack of hands-on resources that will be sent to the school indicated on their registration form.

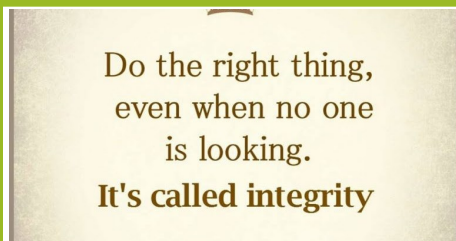
Use this link to register: <https://bit.ly/23MathAtHome>

KEEP CONNECTED WITH OUR SCHOOL AND WITH THE SCDSB

It's important to get accurate information about what's going on at your school and at the Simcoe County District School Board (SCDSB). Here are some ways to do that:

Sign up to receive SCDSB media releases by clicking the 'Subscribe' button at www.scdsb.on.ca.

Follow the SCDSB on Twitter (@SCDSB_Schools), Facebook (facebook.com/SCDSB) and Instagram (instagram.com/scdsb). Guthrie Public School Twitter @GuthriePublic



CHARACTER ATTRIBUTE FOR THE MONTH OF MARCH

Integrity: we act justly and honourably in all that we do.
More information about character education can be found here:
www.scdsb.on.ca/about/character_education